

New Life Christian Academy

"Warriors"

Athletic Manual

2018-2019



New Life Christian Academy

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School Mission Statement:

The purpose of New Life Christian Academy in Rocky Mount, NC is to partner with the parents and the Church by providing a quality education for our students that is fully integrated with God's Word and Christian principles.

Philosophy of Athletics:

The purpose and mission of the Athletic Department at New Life Christian Academy is to fulfill the mission of NLCA through competition in interscholastic sports—implementing Biblical principles in our instruction and setting Godly examples. The goal of our Athletic Department is to do our best not only for our school but also for the Lord. It should be the desire of every coach at NLCA to use interscholastic sports as a means of developing champions on the field, in the classroom, and on the mission field.

All of our coaches will:

- Have a personal relationship with Jesus Christ and be an active member in a local church
- Build relationships with players and parents
- Emphasize that student-athletes are leaders who must demonstrate strong Christian Character
- Embrace and teach the team concept, understanding that **participation is a privilege, not a right**
- Pursue **competitive** excellence and present teams prepared to play
- Coach with the understanding they represent NLCA and Jesus Christ

The Athletic Department will provide every parent and student-athlete with a detailed Athlete's Manual. Because our mission statement is for all sports and students, students are encouraged to try out and participate in sports at New Life Christian Academy. All athletes, coaches, and fans are expected to represent New Life Christian Academy in a Christ-like manner. It is the goal that the athletes develop positive Christ-like character and express these characteristics through their involvement in athletics. It is the job of the coaches to model Christlikeness and properly direct the students in all situations so as to build the Biblical character qualities. Athletics should help introduce and strengthen relationships among team members coming from the team concept and direct leadership of the coach. There should be a commitment to excellence in each sport.

Athletics represents an aspect of the educational program, not the main focus of the program. One of the main goals of the athletic program is that the student becomes a well-rounded individual, striving to maximize his/her God-given potential. **The athletic program shall provide well-planned and well-balanced interscholastic activities for as many participants as possible, consistent with available facilities, personnel, and financial ability.** The athletic program shall be planned so as to present a minimal amount of interference with the academic program. The athletic program shall function so as to involve not only the participants, but also the student body and school community. The athletic program shall provide an opportunity for the loyalty of parents and friends of the school to be renewed, strengthened, and united.

Sportsmanship

Sportsmanship at New Life Christian Academy is an expectation, not a request. We encourage players and spectators to enjoy the game and cheer for our teams, but we will not allow for behavior that does not reflect the Christ-like attitude that our school should embody.

Responsibilities of Students

Attendance

A participant is expected to attend all scheduled practices, meetings, and contests whether or not school is in session. If it is necessary to miss any meeting, practice, or game, prior arrangements must be made with the coach. Participants may be disciplined and or dismissed from the team after any unexcused absences.

Conduct

The student who chooses to participate in the NLCA athletic program is in a unique position. This position will be observed by many public and private schools, media, parents, guests, peers, teacher, and the public at-large. It is an excellent opportunity to demonstrate one's desire to be Christ-like in sportsmanship and performance.

Player Expenses

The athletic program at NLCA is supported in part by concession stand and gate receipts, fundraising, and gifts. The student-athlete's parent(s) **will be scheduled to work the concession stand and gate for games. Student-athletes and parents are expected to participate in fundraisers throughout the school year.**

In addition to the sports' fees and necessary uniforms and equipment, the athlete may incur personal expenses while the team is traveling.

Equipment and Uniforms

- The athlete will be held financially responsible for any lost or misplaced equipment. The cost of any deliberate mutilation of school property will be charged to the athlete.
- The Athletic Department supplies the player's game uniforms. The cost of any uniform returned in a condition in which it cannot be reissued will be charged to the athlete; this includes uniforms that have been improperly laundered or cared for.
- The player is expected to furnish his/her own shoes, socks, and other needed items for the sport in which they are competing. The Athletic Department will provide criteria for shoes.
- Special wraps, braces, or supports must be provided by the student.
- Athletes will not be allowed to continue or begin a new season until all financial obligations have been cleared. Current replacement costs will determine the amount for which the athlete will be held accountable. If uniform has not been turned into the athletic department final report cards will be held until uniform has been turned in or replacement fee for uniform has been paid.
- Players will be required wear a practice uniform which complies with the NLCA Practice Clothing policy.

Student-Athlete Commitment

Attendance

- As a Student Athlete, I will attend and be on time to practices, games, and team functions.
- As a Student Athlete, I will contact the coach by noon or earlier that day, to notify that I will be absent.

Work Ethic

- As a Student Athlete, I will be diligent in preparation, displaying a coachable spirit, and providing great effort each time I step on and off the field of play.
- As a Student Athlete, I will not allow negative situations to affect my attitude, effort, or demeanor.

Conduct/Accountability

- As a Student Athlete, I will demonstrate respect, discipline, humility, and self-control in all situations working towards Christ-like character on the field of play.
- As a Student Athlete, I will always be positive toward teammates, opponents, coaches, and officials.
- As a Student Athlete, I will refrain from the use of ridicule, harassment, profanity, teasing, or name-calling.

- As a Student Athlete, I am afforded the privilege to participate in athletics, thus the responsibility rests on me to adhere to the standards set forth in all student manuals.

Communication

- As a Student Athlete, I will maintain open avenues of communication with teammates, Coaches, and parents which will help to build team-ship and excellence.
- As a Student Athlete, I will speak to coaches in regard to my role, playing time, and areas of needed growth.
- These kinds of conversations will assist me in working towards developing my sport-specific skills, growth, and maturity in my life skills.

Leadership

- As a Student Athlete, I understand that Team Captains will be selected based on character and leadership ability rather than athletic performance or status.
- As a Student Athlete, I will be responsible to the Athletic Department and Administration for my actions both on and off the field of play.

Honor Code

- **As a Student Athlete, I understand that participation on a team is a privilege, not a right.**
- **To remain a Student Athlete in good standing (remain on the team), I must uphold the Mission Statement of the school and conduct myself in accordance with the Student Athlete Commitment**

Warriors Athletic Parent Covenant

Competition

- As a parent, I understand and agree that the New Life Christian Academy Athletic Department **fields competitive programs in each sport.**

Playing Time

- As a parent, I understand and agree that all players may or may not play during each game.
- As a parent, I understand that not all players will have equal playing time.
- As a parent, **I understand and agree that the coaches will not discuss playing time with parents.**

Role Players

- As a parent, I understand and agree that each player will have a role to play on their respective team.
- As a parent, I understand that the coaching staff will determine the role of the player, and I will support that decision with our child, other parents, and coaches.

Coaching

- As a parent, I understand and agree to let the coaches' coach and the players' play, while focusing my energy on encouraging and cheering. I will not give direction to my child from the stands or sidelines.

Payment of Fees

- As a parent, I understand and agree to pay all athletic fees associated by the published due date for each season. All participation fees will be billed, paid, and managed through the Finance Office. **Fees not paid by required deadlines will result in the Student-Athlete being removed from participation.** I also understand that I am responsible for any fine given to NLCA by the NCCSA association due to the acts of my student – athlete. I understand that my family and friends who attend or a NLCA athletic function are also under the guidelines of the NCCSA association and any fine given will be the parent's responsibility.

Fundraising

- **As a parent, I agree to allow coaches and administration to plan and organize fundraisers. I, as a parent, will aid coaches and administration in creating ideas for fundraising opportunities.**

Parent-Coach Communication

Parents are obligated to understand the expectations that are being placed on their children as well as their child's role on the team. Communication is the building block of all relationships, including the parent-coach relationship. Through building this strong relationship, parents and coaches are better able to support our student-athletes and respond appropriately when concerns arise.

Each player on a team receives differing amounts of playing time. However, every child plays a critical role in supporting team success. As a parent, it is important to recognize the role your student-athlete plays on the team. Like parenting, coaching can be difficult. It is important for parents to remember that coaches are qualified to coach and make judgment decisions based on what they believe to be best for the team.

General Parent-Coach Communication Guidelines

Expected Communication from Coach to Parent

- Philosophy on coaching
- Locations and times of all practices
- Team requirements (equipment, off-season work)

- Procedures if a student-athlete is injured during practice or a game
- An explanation of disciplinary procedures
- Details of student-athlete's role on the team

Expected Communication from Parent to Coach

- Advance notification of any schedule conflicts
- Medical or physical limitation of a student-athlete
- Concerns expressed in an appropriate manner that abides by the resolution policy outlined in the Athletic Manual

Parents and coaches are urged to communicate with each other frequently. However, parents will not have the ability to discuss every aspect of team management. Parents may discuss the physical or emotional mistreatment of the student-athlete, concerns about a student-athlete's behavior, or ways to help the student-athlete improve. **Parents may not** discuss playing time, team strategy, play calling, or other student-athletes with the coach.

CPR/First Aid Training

All coaches are encouraged to be certified in the areas of CPR and First Aid. New Life Christian Academy will provide on-campus training in both areas. CPR certification is valid for one year; First Aid certification is valid for three years.

Supervision of Student-Athletes in Gym/Playing Field Areas

- Student's will not be permitted to enter the gym/playing field without a coach's supervision.
- Student's found in the gym/playing fields unattended will be asked to leave until a coach arrives.
- Coaches will instruct student-athletes not to enter the gym when unsupervised.
- Coaches who are responsible for supervision of the gym will have a physical presence in the gym at all times.

Summer Camps

Summer Camps are approved and scheduled under the direction of the Athletic Director and Principal. All dates and offerings are to be advertised through approved mediums selected by the Athletic Director and Principal. All flyers must be approved before being distributed.

Eligibility

Student Eligibility

New Life Christian Academy is a private entity, therefore; the governing body is not affiliated with NCHSAA athletic rules and guidelines. With Godly morals and standards, NLCA pledge to uphold the righteousness of God during the competitive and non-competitive arena.

Academic Eligibility

- A student athlete must have a passing grade in each of the four core subjects (English, mathematics, science and social studies) and must also have a passing grade in Bible at the time of progress reports to participate in NCCSA athletic competition.
- A student failing one of these courses in the previous progress period shall be ineligible until he/she has received a current passing grade in the subjects that he/she failed. (After 10 school days the grade for that student athlete will be reviewed for eligibility.)
- Individual coaches may not set academic eligibility requirements.

Limits of Eligibility

- A student must be less than 19 years, 9 months of age to participate in high school athletics. Beginning with students entering grade 9 in 2014-2015, and thereafter, a student who reaches the age of 19 on or after September 1st, and who has not exceeded his/her four-year limit of eligibility, may participate in interscholastic athletics during that school year.

Transfer Students

A student who transfers to New Life Christian Academy after the official start date of a sport is eligible to compete **if all other eligibility requirements have been satisfied**. Any questions in relation to transfer students should be directed to the Athletic Director.

Required Forms

The following forms must be obtained and turned in to the Athletic Office before a student is permitted to practice or play for a team:

- **Physical Form**
- All students are required to have an annual physical examination by a physician. Physical forms will be located in the NLCA's front office.
- **Parent/Student Consent Form**

- Both the student and parent are required to sign this form in order for the student to participate in athletics.

Home School Participation

Effective 02/02/2016

****Homeschoolers are prohibited from participating in NLCA athletics.****

-Please contact NLCA's **Athletic Director and/or Principal** with questions.

Policies

Conflict Resolution Policy

All sport related concerns will be resolved internally by the athletic department according to the principle outlined in Matthew 18. **The Athletic Department will not mediate concerns related to playing time or team strategy.**

Levels of Athletic Conflict Resolution

1. Personal Meeting between Parent and Coach
2. Personal Meeting with Athletic Director
3. Personal Meeting with Athletic Director and Principal

What should a parent do if he/she has a concern to address with a coach?

1. **Wait at least 24 hours after a game or practice**
2. Call or email the coach to schedule a convenient time to discuss the situation face to face. **This phone call or email should not be used to resolve the concern.** If the coach does not respond within 1 business day, please contact the Athletic Director.

What should a parent do if a personal meeting with the coach does not provide satisfactory resolution?

1. The parent should notify the Athletic Director.
2. The Athletic Director will respond within 1 business day to arrange a personal meeting.
3. The Athletic Director will mediate a personal meeting between the parent and coach to promote resolution of the concern.

What should a parent do if a personal meeting with the Athletic Director does not provide a satisfactory resolution?

1. The parent should notify the Principal.
2. The Principal will respond within 1 business day to arrange a personal meeting.

3. The Principal will mediate a personal meeting between the parent, coach, and Athletic Director to promote resolution of the concern.

Attendance

- Students must be in attendance for the majority of the school day. On game day a student – athlete may not be checked out before 11:30 am and must arrive to school no later than 8:45am. **Failure to do so will result in the athlete not playing in the game that day.** All other days a student **must be under an excused absence from NLCA, in order to practice.**
- School-sponsored games are considered an excused school-related absence from school.
- **Students are expected to be at all practices and games. If a student is on academic probation that student is expected to be at all practices and games.**
- **Students who are injured but able to attend school are expected to attend practice sessions and games.**
- If a student is absent from a practice, the coach reserves the right to punish the student-athlete through a loss of playing time.

Quitting a Team

- After being placed on a roster, a student-athlete may not quit one sport and join another sport in the same season.
- If, after being placed on a roster, a student-athlete quits a team, he/she may not join another team until the sport he/she quit has completed its season. The student-athlete may not attend any practices or games for the new sport during this time.

Athletic Awards/Honors

All varsity and junior varsity awards will be presented twice a year.

Varsity Letters

One chenille letter will be awarded to an athlete per career. Pins and bars will signify the sports and years of participation. In order for a student to letter, he/she must meet the following criteria:

- A player must be a member of the team the entire season. A student who does not meet this criterion will receive a Certificate of Participation.
- Students who are injured may still earn a varsity letter if they attend all contests.

Team Awards – these awards will not only reflect the accomplishment of the athlete on the court/field but will also reflect the character of the student athlete off the court/field. Recipients of these awards will show Christian Character always, and a servants spirit.

1. **“Most Improved Player”**-this award recognizes improvement in skills related to the sport and the understanding of the sport.
2. **“Coaches Award”**-this award may be defined and used by each coach to recognize any trait he/she wants to see developed in his/her players. This award may also recognize the player who rises above circumstances and remains positive, is less self-focused and more team-focused, is encouraging to others, is a warrior in that the player does all he/she can to “get the job done.”
3. **“Most Valuable Player”**-this award is based on statistical performance but should also reflect the player’s positive traits, such as hard work, leadership, and commitment.
4. **“Most Christ-Like Award”**- One who exhibits Christ like traits on and off the field/court.
5. **“Best Offensive Player”** – One who excels in the offensive part of the sport.
6. **“Best Defensive Player”** – One who excels in the defensive part of the sport.

ALL TEAM AWARDS ARE SUBJECT TO APPROVAL FROM ATHLETIC DIRECTOR

Future Warrior Hall of Fame

New Life Christian Academy will award a maximum of one male and one female induction into the Warrior Hall of Fame. Student-Athletes will be nominated by current or past coaches, parents, faculty, or staff. Coaches will nominate athletes at the first coaches meeting of the year. At the following coaches meeting, coaches will cast votes for the nominated individuals.

The following guidelines will serve as the minimum requirements for a Warrior Hall of Fame inductee:

- Student-athlete must have graduated from New Life Christian Academy
- Student-athlete must have excelled athletically while at New Life Christian Academy. Any other athletic accomplishments shall not be considered.
- Student-athlete must be 4 years removed from graduation of high school.
- Student-athlete must have competed at the varsity level in the sport nominated for

Only the Principal and Athletic Director may choose jersey retirement nominees. Coaches, parents, faculty, and staff may suggest a student-athlete, but will in no way be a part of the decision making process.

Future Jersey Retirement

Jersey Retirement for New Life Christian Academy is an honor bestowed on very few student-athletes. Upon retirement of a jersey, the number may never be used by the student-athlete's sport again. The following is a list of minimum requirements for jersey retirement.

- Student-athlete must have graduated from New Life Christian Academy.
- Student-athlete must have an exemplary disciplinary record both while at NLCA and since graduation from NLCA.
- Student-athlete must have competed at the highest possible level for his/her sport.
- Student-athlete must be a role model for past, current, and future students of NLCA

Only the Principal and Athletic Director may choose jersey retirement nominees. Coaches, parents, faculty, and staff may suggest a student-athlete, but will in no way be a part of the decision making process.

Unsportsmanlike or Inappropriate Conduct

- Any act of unsportsmanlike or inappropriate conduct will be dealt with swiftly. If the act occurs during an athletic contest, the student will be removed from the contest by the head coach.
- A student who strikes, curses, or threatens an official, coach, spectator, or opposing team member during a game, or at any other time, or who fails to maintain a standard of conduct satisfactory to the NLCA and/or the coaches and administration, will be ineligible for a period of up to six weeks and must pay the fine, if assessed.
- A student who is ejected from a contest for a flagrant foul or unsportsmanlike conduct will be ineligible to participate in any contest for one week. If no contest is scheduled during that week, the student will miss the next two contests and must pay the fine, if assessed.
- All students who act in an unsportsmanlike manner, resulting in a card/penalty, will be required to meet with the Athletic Director before resuming athletic participation.

Spectator Conduct

Everyone associated with an athletic event plays a vital role in upholding the standards of sportsmanship. Fans are reminded that their sportsmanship and behavior reflect upon the reputation of NLCA. Fans are not permitted in the playing area at any point during an athletic contest.

Music

All music played at any NLCA athletic event must be free from profane, harsh, or suggestive lyrics. Failure to comply with these standards will result in the loss of the privilege of playing music at any athletic event for that sport.

Non-School Competition

Participation in non-school teams is encouraged by the New Life Christian Academy Athletic Department. However, **NLCA teams and their commitments must take priority over any outside team event.** The expectation is that any NLCA athletic event that conflicts with a non-school athletic event will be attended by the student-athlete. **Failure to comply with this policy may result in dismissal from the NLCA team.** Students who participate in non-school competitions will *not* receive an excused absence from school.

Out of Town Activities/Overnight Policy/Chaperones

In the event that a team will travel for an extended or overnight trip (tournament, playoff, etc.), plans must be discussed and finalized with the Athletic Director, Principal, and Finance Office prior to being discussed with parents or athletes. The following guidelines will be followed:

- All field trip policies of New Life Christian Academy apply for overnight activities.
- Curfew for students nightly is midnight. Should circumstances prevent the midnight curfew from being upheld, the coach must notify the Athletic Director of the change.
- Students are never to be in the rooms of students of the opposite sex.
- Students are not to be in a room with non-NLCA individuals or groups
- All activities (dinners, lunches, theme parks, movies, etc.) must be approved by the Athletic Director. Should a “spur of the moment” event occur, the Athletic Director must be contacted for approval before the event may be attended.

Chaperones

Any chaperones for trips must have completed and passed a background check given through New Life Christian Academy. Chaperone guidelines are as follows:

- Chaperones understand that their purpose is to oversee and monitor students so that everyone may enjoy the trip and benefit from its activities. A chaperone must be responsible for more than 1 student.
- Chaperones must dress in an appropriate manner suitable for one who is faculty of New Life Christian Academy at all times.
- No chaperone may make a decision outside the determined parameters of the trip without contacting the team’s coaches. NLCA staff is the authority on the trip.

- Only NLCA staff may discipline student-athletes. Chaperones are only to report any misconduct to a NLCA staff member.

Student Pick-Up

- Parents are asked to assist the coaches by arranging for their students to be picked up at the designated time after practice.

Practice Clothing

- Students are not permitted to wear revealing clothing, clothing with references to alcohol, tobacco, drugs, profanity, Satan, or clothing that has offensive symbols.

Rainout Procedure

Middle School, JV, and Varsity student-athletes are in charge of contacting their parents when a practice/game is cancelled. The front office will make an announcement to cancel any game or practice. If there is no announcement made, teachers are to assume the practice or game is still being conducted. Students who do not have a phone will report to the office to call their parents from the school phone. Elementary and pee wee sports participants are not in charge of contacting parents. Each elementary and pee wee sport's coach will either have a team parent or they will contact all parents. The coach is in charge of supervision of student-athletes for all cancellations made after 2:30 p.m. where teams have already left school campus.

Senior Recognition

Senior athletes will be recognized at the end of each season during scheduled games or events.

Parent Meetings

Parents and players will attend a parent meeting prior to the first game (exceptions may be approved by the Athletic Director). The following information should be covered at the parent meeting:

- Physicals
- Student eligibility
- Practice and game schedules
- Team rules and expectations
- Philosophy and vision for the program
- Team costs/fees
- Team discipline policies

- Protocol for conflict resolution (as outlined in the Athletic Manual)
- Off-season expectations
- Coach, parent, and player relationships

Transportation

New Life Christian Academy will attempt to provide transportation to all games. Many practices must be held off campus due to facilities; therefore, student-athletes are permitted to travel to practices in their own vehicles. Student-athletes are required to travel to and from away games with their team in school sponsored transportation. However, if the student-athlete's parents attended the game they may travel home with them. Any student-athlete who wishes to travel with another student's parents must get permission from the student's parent and coach must be made aware of this. Students requesting an exception to the transportation policy must present a written request from their parents to the Athletic Director.

- When leaving during school hours for an athletic event, **the coach is responsible for ensuring all players are on the bus and properly equipped. Boys and girls will not be allowed to sit together on school bus.**
- If an athletic event does not require leaving during school hours, the student is still required to ride the bus with their fellow athletes.
- Transportation of students in student vehicles is **NOT PERMITTED.**
- NLCA coaches should not transport students in their personal cars without prior approval from the student-athlete's parents.
- Directions for athletic events will be available from the athletic department.
- Only team coaches, assistants, and team members are allowed to use NLCA transportation.
- **Coaches and players are responsible for keeping buses clean and free from trash.** All trash must be deposited in the trash can before exiting the bus. Failure to do this will lead to loss of privilege.
- Parents should arrange for pick-up of their children in a timely manner after games and practices.
- Coaches may not leave athletes unsupervised, whether on NLCA campus or an off-campus site.

College Recruiting

New Life Christian Academy coaches will offer support to those student-athletes who wish to continue their athletic careers at the collegiate level. The Athletic Department and Admissions Office will work together to support those student-athletes who wish to participate in collegiate athletics. If you would like more detailed information, please do not hesitate to contact the Athletic Director. Below is a list of a few things to consider concerning a student-athlete playing collegiate athletics:

- Discuss the idea of playing college athletics with your parents.
- Meet with varsity head coach to assess your potential and current athletic ability.
- Research schools that fit your needs and ability level.
- Contact the college coach regarding your interest and fill out the college's student-athlete questionnaire.
- Attend camps and tournaments to increase visibility.

- Maintain solid academic standing. High School cumulative GPA of core classes as well as SAT and ACT tests. Once in 9th Grade, EVERYTHING COUNTS!!!!
- Stay informed! Maintain communication with potential colleges/universities to see how you fit in and to help narrow the college selection process.

Conclusion

New Life Christian Academy and the Athletic Department will consistently strive to conduct athletic programs that compete at the highest possible level on the field, in the classroom, and in the community. The support of and adherence to the policies outlined in the Athletic Manual will ensure that every participant and supporter of New Life Christian Academy athletics is working toward creating a premier athletic program.

Go Warriors!

Student Athlete Name: _____

Student Athlete Signature: _____

Parent Name: _____

Parent Signature: _____

Date: _____

PARENT'S CONTRACT

- 1) Let the coach do the coaching. Pressuring and/or sideline coaching leads to a negative experience for your child as well as the other participants and it is confusing to the players and complicates the coach's job. Instructing your child to not follow the coach's direction will not be tolerated.
- 2) The use of or being under the influence of tobacco products, alcoholic beverages or other intoxicants is prohibited on school property; this includes any field or gym used for NLCA sporting events.
- 3) Use of profanity and abusive language is strictly prohibited.
- 4) Obnoxious behavior will not be tolerated at any NLCA sporting event. This includes, but is not limited to, yelling at the coaches, players (including your child) or expressing your dislike in a verbally loud manner. Anyone displaying this behavior will be asked to leave.
- 5) During practice it is important not to distract the players. We ask parents, relatives, friends to stay off the playing field. It is vital that the players receive only one set of instructions, therefore the coaches are the only voices welcome before, during, and after games and practices. Only players listed on the team roster are allowed to sit on or near the team bench before and during games. Respect this space; the players and the coaches need to do their job. We focus on the development of the individual as a person and as a player and the team. This is often difficult for parents to understand but we demand the parents recognize this and conduct themselves in a manner that is encouraging for a healthy environment for the team, and individual players.
- 6) Parents must remain off the field at all times. If your child is injured, you will be allowed on the field.
- 7) Practice is essential and it is important that all players participate in all practices and that they arrive on time. Athletes must notify their coaches if they are unable to attend practice. Failure to do so may result in loss of playing time.
- 8) Do not criticize an opposing team, its players, coaches or fans verbally or by gesture.
- 9) Do not harass, verbally attack or berate the referees.
- 10) Please do not use the sport your child is playing as a disciplinary tool. Doing so penalizes the whole team.
- 11) The coaches are expected to get the best from each player. At time there will be praise of a player's efforts and time s when they will be more challenging. Players and parents are expected to accept both constructive criticism and praise when offered.
- 12) If you desire to talk with a coach, make an appointment through the Athletic Director or send the coach an email with your concern. During the meeting issues NOT appropriate for discussion with a coach: Playing time for individual athletes. Coaches make these decisions based on what they believe is in the best interests of all students participating. Team strategy, play calling, any situation that deals with other student athletes, and comparisons to other players will not be discussed. Remember it is not the best players; it is the players that work together the best. DO NOT approach the coach or coaching staff on game-day or during practice.
- 13) Courtesy is required in all verbal and writing communication. DO NOT CRITICIZE, HARASS OR VERBALLY ATTACK ANY COACH OR MEMBER OF NLCA ATHLETIC DEPARTMENT. **DOING SO WILL RESULT IN IMMEDIATE SUSPENSION AND/OR TERMINATION FROM THE TEAM.**

By signing below you agree to the terms provided in this agreement.

Athlete

Parent Name Parent Signature Date